



# Travelling and experiencing different cultures

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## Prep



### The Point of Travel

*We travel more than ever but rarely pause to ask ourselves why we're going – or what we should be trying to change about ourselves by taking off.*

by <http://www.theschooloflife.com>

produced by <http://www.sophiekokogate.com/>

- in collaboration with Mad Adam: <http://www.madadamfilms.co.uk> #TheSchoolOfLife

<https://www.youtube.com/watch?v=aaExiKsvt9A>

### Обсуждения в отдельных онлайн комнатах - BigBlueButton

Управлять комнатой может тот участник, кто:

1) подключился с компьютера

2) использует браузер Google Chrome или Firefox

3) открыл в соседней вкладке сайт [www.ictnle.com](http://www.ictnle.com)

логин: **n1mkitspc2501**

парол: **y24nlmkitspc2501**

4) Поделитесь с собеседниками вкладкой [ictnle.com](http://www.ictnle.com) в браузере

[20240125 Обсуждения в онлайн комнатах.pdf](#)



Vznaniya meeting details

<https://webinar.vznaniya.ru/b/ele-sj8-ioa-68f>

## Lesson plan



Lead in

1 Why do people enjoy travelling? What do they experience?




→ answer the questions

1. What are your most memorable travels and impressions from them?

2. What cultural differences have you noticed while travelling?

3. What struck or surprised you while travelling?

4. How have your travels changed your view of the world and your values?

 The  
Point of Travel

2 Is travelling a therapy? When you go on holiday, do you choose a particular destination because you believe going to help you get better? What is the point of travel?



The Point of Travel

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- watch the video
- answer the questions

1. Do you consider travelling a form of therapy? If so, how do you choose a destination to cure diseases?

illnesses  
y  
re  
at you need  
(s)

2. What should travelling help strengthen in your inner evolution?

*resilience = ability of people or things to feel better quickly after sth unpleasant, such as shock, injury, etc*

3. What places in the world do you believe could mend the wounded parts of us?

of daily routine (e.g. practising extreme sports)  
anxious & nervous  
& relax  
sea (when exhausted)  
when depressed  
(s)

*to mend = to repair sth that has been damaged or broken so that it can be used again; to improve in health after being ill*

4. What should travel agencies be doing?

destination (on a destination)  
: wrong  
psychotherapist

*psychotherapy = treatment of mental illness by discussing sb's problems with them rather than by giving them drugs*

5. How can we become more conscious travellers?

from into better versions of ourselves  
type of religious pilgrimage to improve our character  
ive, sensuality, rigour  
of their (intrinsic) qualities which we need

*pilgrimage = journey to a holy place for religious reasons; journey to a place that is connected with sb/sth that you admire*

 How  
language  
shapes the way  
we think | Lera

3 Can culture - rather than language - be an obstacle to communication? How can you become a more conscious traveller?



How language shapes the way we think | Lera Boroditsky

*There are about 7,000 languages spoken around the world -- and they all have different sounds, vocabularies & structures. But do they shape the way we think? Cognitive scientist Lera Boroditsky shares examples of language in an Aboriginal community in Australia that uses cardinal directions instead of left and right to the multiple words in Russian -- that suggest the answer is a resounding yes. "The beauty of linguistic diversity is that it reveals to us how ingenious and how flexible the human mind is," Boroditsky says. "Human minds have invented not one world, universe, but 7,000."*

<https://www.youtube.com/watch?v=RKK7wGAYP6k>

# Boroditsky

- watch the video
- answer the questions

1. What is unusual about the language used by an Aboriginal community in Australia, called Kuuk Thaayoc [02:45-03:30]

... they don't use words like "left" and "right," ... thing is in cardinal directions: north, south, east and west  
 you say "hello" in Kuuk Thaayore  
 "May you go?"  
 ... north east in the far distance

2. What two conclusions can you draw from the cultural example of language spoken by Kuuk Thaayorre [03:30-05:51]?  
 (staying oriented [03:48])  
 (thinking about time [05:10])

... and your culture trains you to do it, you can do it  
 Although we have no magnets in our heads or in our scales  
 ... from east to west  
 the landscape  
 ... (traditionally from left to right or vice versa)  
 ... approach to time management  
 ... get-oriented?  
 ... more opportunities than just your own goals  
 ... tion (as well as perhaps skills) in your environment in real time  
 ... ble obstacles better?

3. What are the risks of losing linguistic diversity? [12:28-12:56]

... age is lost every week  
 ... languages will be gone in the next hundred years according to some estimates  
 ... ng we know about the human mind and human brain is based on studies of usually American English-speaking undergraduates at universities  
 ... about the human mind is actually incredibly narrow and biased



# Debate

4 Is the impact of tourism on local communities always positive?



- answer the questions

1. What are the advantages of tourism?

... portunities in the hospitality services  
 ... rent (public transport, road infrastructure)  
 ... historical sites & architecture

*hospitality = business of providing food, drink, and accommodation for customers of restaurants, bars, etc. or guests at hotels, and entertainment provided by a company for business associates, e.g. business trips and corporate hospitality*

2. What are the drawbacks of tourism?

... loopform  
 ... costs  
 ... paces  
 ... ongestion  
 ... entre

*litter = small pieces of rubbish/garbage such as paper, cans and bottles, that people have left lying in a public place*

3. How will tourism impact on the local culture?

new expressions

resilience = ability of people or things to feel better quickly after sth unpleasant, such as shock, injury, etc  
to mend = to repair sth that has been damaged or broken so that it can be used again; to improve in health after being ill/sick  
on the mend = (informal, especially BrE) getting better after an illness or injury; improving after a difficult situation  
psychotherapy = treatment of mental illness by discussing sb's problems with them rather than by giving them drugs  
pilgrimage = journey to a holy place for religious reasons; journey to a place that is connected with sb/sth that you admire or respect

hospitality = business of providing food, drink, and accommodation for customers of restaurants, bars, etc. or guests at hotels;  
food, drink, and entertainment provided by a company for business associates, e.g. business trips and corporate hospitality  
litter = small pieces of rubbish/garbage such as paper, cans and bottles, that people have left lying in a public place

deco - delayed error correction / favourite mistakes

pig - pronunciation & intonation guidelines