

## DVD PREVIEW

## 1A Match DVD extracts 1–7 to the correct responses a)–g).

- 1 Mr Davies, good to see you again. *b)*
- 2 Did you get your welcome pack?
- 3 In the event of a fire, my motto is ...
- 4 Ready when you are.
- 5 Now here's somebody you've not met yet.
- 6 Parcel for you.
- a) It's from my wife.
- b) Please, call me Huw. *1*
- c) Hi. Nice to meet you.
- d) Yeah, I think so.
- e) Run for your life?
- f) Right, let's show you around.

## B What type of situation do you think the DVD clip shows? Read about the programme below to find out.

## BBC Gavin and Stacey

**G**avin and Stacey is a BBC programme about a young couple. Gavin comes from Essex, near London, and Stacey comes from Cardiff, Wales. After a long-distance relationship conducted online and by telephone, they eventually get married and Gavin moves to Wales. In this episode, Gavin starts a new job. On his first day, his family want him to do well and be happy at work.



## 2 Work in pairs and answer the questions.

- 1 What type of things do you think Gavin needs to learn on his first day at work?
- 2 Who will he need to meet and what advice will they give?

## DVD VIEW

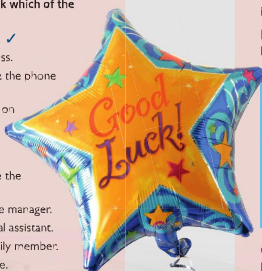
## 3 Watch the DVD. Tick which of the things below happen.

- 1 He goes to his office.
- 2 He meets his new boss.
- 3 He learns how to use the phone in his office.
- 4 He speaks to a client on the phone.
- 5 He finds out what to do if there is a fire.
- 6 He learns how to use the company's website.
- 7 He meets the website manager.
- 8 He meets his personal assistant.
- 9 He is visited by a family member.
- 10 He receives a package.

## 4A Answer the questions.

- 1 Why is Gavin's wife, Stacey, worried?
- 2 What does Huw, the boss, give Gavin?
- 3 Why does Gavin feel embarrassed in front of Huw?
- 4 What does Owain, the website manager, invite Gavin to do?
- 5 What does Uncle Bryn bring for Gavin?
- 6 Who sends Gavin a message in a box? What does it say?

## B Watch the DVD again to check.



## speakout a day in the life ...

## 5A 4.7 Listen to someone describing a typical day in her life. Do you think she likes her job?

## B Read the key phrases below. Complete each phrase by adding one word.

## keyphrases

I wake up \_\_\_\_\_ (about) 6.30.  
 I leave home by 7.20 at the \_\_\_\_\_.  
 The first \_\_\_\_\_ I do is check my mail.  
 I check everything is \_\_\_\_\_ for the children.  
 We try to do this at least \_\_\_\_\_ a day.  
 I make \_\_\_\_\_ for the next day.  
 I'm usually home \_\_\_\_\_ 5.00.

## C Listen again to check. Then tick the key phrases you hear.

## D Prepare to tell other students about a normal day in your life. Write notes about:

- hours of work/studying
- tasks you have to do
- people you spend your day with
- problems and challenges
- how you relax
- the best parts of your day

## E Tell other students about your typical day. What do you have in common?

## writeback your daily routine

## 6A Read an entry from normallives.com, a website that publishes descriptions of people's daily routines. Is Frank's routine similar to yours? How is it different?

I work as a gym instructor in a sports centre. I get up at 5.00a.m. every morning and make a cup of coffee. I can't function until I've had my coffee! I drive to work – it takes about fifteen minutes on a good day – usually getting there at about 5.40. The first thing I do is switch on the lights and the air conditioning if it's summer (heating if it's winter), and then the radio. We have the radio on all day because our clients like listening to the news and the music. The sports centre opens at 6.00a.m.

I work in a team of four, although only two of us are ever in the gym at the same time. The instructors all wear sports clothes. It's important to be comfortable because we sometimes need to show new clients how to use the machines. Apart from this, our other tasks are quite simple: we check that everyone has their membership card when they come in, and we check that the machines are clean and safe.

I have a one-hour break for lunch, and I usually do two more hours after lunch. I go home at about 2.30.

The best part of the job is meeting people. Our clients range from eighteen-year-old body builders to eighty-year-olds who come to exercise and chat. I've never had any problems at the sports centre. It's a really nice job, though it doesn't pay very well. In the evenings I relax by reading a book and cooking for myself, and I'm usually in bed by 9.30p.m.

Frank Carduna

## B Write about your daily routine using the sentence starters in bold above and the key phrases to help.

